

SAMPLE PBL CASE: Dept of Community Medicine

Posting 1 - PBL Case 1

What are the services available for me?

During her routine visit to a family, Auxiliary Nurse Mid -wife (ANM) Anita is told that 24 year old Meena is 5 months pregnant. On asking her Anita discovers that she has never got her health check -up done after becoming pregnant.

Anita : Come for your health check up to the Anganwadi center in your village during the next village health nutrition day.

Mother -in -law of Meena : I had been advising her to visit Anganwadi Center to register her pregnancy and also to meet you. But, she did not follow my advice.

Meena : What are the services available? Why should I come there?

Anita explains the services that Meena will receive during her pregnancy including screening for danger signs and counseling.

Resources:

- Park's Textbook of Preventive and Social Medicine

Chapters: Health Programs in India, Preventive Medicine in Obstetrics, Paediatrics and Geriatrics, Nutrition and Health

- Textbook of Public Health and Community Medicine; AFMC, Pune, Page No.: 809 - 825

- Guidelines for Antenatal Care and Skilled Attendance at Birth by ANM/LHV/SN

- A brief on Village Health and Nutrition Days (link to NHM webpage)

- Guidelines for Village Health and Nutrition Days

- For ICDS Anganwadi Services - Integrated Child Development Services (Scheme)

SAMPLE CBL CASE: Department of Pathology

CASE 1:

Arvind Sharma, a 50 year old male presented with complaints of polyuria, polydipsia and polyphagia. He also complains of feeling fatigued and weak since the last one month. On examination, he was found to have a small ulcer on his foot which had not healed despite applying local antibiotics for the last 10 days.

- What do you think the patient's primary problem is?
- What are the investigations you would like to order in this patient?
- What are the findings that you would expect in the above investigations? How will you interpret them?